

**2023 Dick Small Invite/NJCAA Region XII Championship  
Event Schedule**

**February 9th and 10th, 2023  
George M. Smart Center - Defiance, OH**



**THURSDAY (Rolling Schedule):**

**5:45 PM - National Anthem**

**6:00 PM - Start of the meet (women followed by men)**

5000m

600m

1000m

**FRIDAY:**

11:00 AM - 12:00 PM - Implement Weigh-In

**11:45 AM - National Anthem**

**FIELD EVENTS**

**12:00 PM- Start Time Field Events**

(W-M) Weight Throw

(W-M) Shot put (Following Weight Throw)

(M-W) Pole Vault

(M-W) Long Jump

(W-M) High Jump

**RUNNING EVENTS (Women followed by Men unless otherwise stated in the meet schedule below. ALL FINALS, NO PRELIMS) Begins at 1:00 PM.**

**We will stick to the time schedule. We will not roll ahead.**

**1:00 PM:** Women's 60m Hurdles

**1:05 PM:** Men's 60m Hurdles

**1:10PM:** Men's 3000m

**1:30 PM:** Women's Mile

**1:45 PM:** Men's Mile

**2:00 PM:** Women's 400m

**2:15 PM:** Men's 400m

**2:30 PM:** Women's 60m

**2:35 PM:** Men's 60m

**3:00 PM:** Women's 800m

**3:10 PM:** Men's 800m

**3:20 PM:** Women's 200m

**3:30 PM:** Men's 200m

**3:45 PM:** Women's 3000m

**4:05 PM:** Women's 4x 400m Relay

**4:15 PM:** Men's 4x 400m Relay